



U.S. Rafting PACKING LIST

<input type="checkbox"/>	Bathing Suit or Nylon Shorts
<input type="checkbox"/>	Fleece, Polypropylene or Nylon Shirt or Windbreaker Jacket
<input type="checkbox"/>	Extra Footwear (Rubber sandals, Teva's or Old Sneakers) - Bare Feet or Flip Flops are not safe on the river
<input type="checkbox"/>	Sunscreen
<input type="checkbox"/>	Towel
<input type="checkbox"/>	Change of clothes for the ride home
<input type="checkbox"/>	Water-proof camera
<input type="checkbox"/>	Secure headstraps for sunglasses or eye glasses if worn
<input type="checkbox"/>	Food & Drinks
<input type="checkbox"/>	Water Bottle
<input type="checkbox"/>	Bugspray
<input type="checkbox"/>	Flashlight
<input type="checkbox"/>	Sleeping Bag & Pillow
<input type="checkbox"/>	Tent & Tarp

**** DO NOT WEAR ANY COTTON ON THE RIVER ****
(Cotton holds in the water causing you to become cold.)

AND DON'T FORGET A TIP FOR YOUR GUIDE!